

much more than just a school

Park Post

much more than just a school

newsletter

Issue 11

June 2017

First Place for Park's creation

Just after the Easter break, nine students from Park went to RAF Odiham to take part in the Regional Finals of the Race for The Line Competition, in conjunction with the Bloodhound Project, which aims to break the world land speed record.

On arrival the students were given a talk from the Bloodhound representatives about their attempt to break the land speed record and travel at over 1000mph.

The students set about making their own cars without support or guidance, which the teachers Mrs Conner & Mr Payne found a challenge, and they were fantastic.

During our lunchbreak all cars were checked to see if they complied with regulations before being taken out onto the runway for testing. We had a guided tour of one of the many Chinook helicopters at the Naval Base, and watched them take off and land. All of the students loved it as they were learning different things that they would not normally learn in school.

The students and teachers then watched eagerly as all the rocket cars were set off and out of the 30 other cars from both primary and secondary schools, we came..... FIRST!! With a speed of 44mph. Gary Handley, Year 7 student worked alone on his car and won! We even had a bit of controversy with other schools contesting our win! Our other teams didn't do too bad and had speeds of over 35mph.

Gary has a place at the National Finals in June at the Santapod race track with a chance at winning a trip to South Africa to see the actual Bloodhound car's land speed attempt. He will race against 10 other schools so we are in with a chance!

Jasmine Bone, Year 9



Park Community School - much more than just a school

Middle Park Way, Havant, PO9 4BU | 023 92 489800 | www.pcs.hants.sch.uk



Park Post

Work Experience Information

Work experience will soon start for Year 10 running from the 26 June to the 7 July. Almost all of our students have already got their placements arranged, well done to them!

Private placements, ones that you have sourced yourself, need to be checked once you have handed in the paperwork, complete with the employer's insurance details. If you don't hear from Mrs Reynolds approximately one week after handing it in, this means the company's insurance has been validated and you are sorted – WELL DONE!

If you have chosen an online placement: (sourced from the EBP Website)

- Your mentor will receive paperwork for you once the employer has agreed they can give you a position.
- You will then need to phone the employer to arrange an interview
- Take the form to be completed by the employer at the interview
- Ensure your parents have also signed the form
- Return the completed form to student reception

Now you're finished - WELL DONE!

For information NO students will be in school for the two weeks; any who do not have a placement arranged will be put on the alternative WEX programme. This alternative programme will not be as rewarding or give you the sense of being in the work place as the placements will do. So we strongly encourage all students to have a work experience placement in place.

If you need any help with this, contact Candice Reynolds either at school or on c.reynolds@pcs.hants.sch.uk



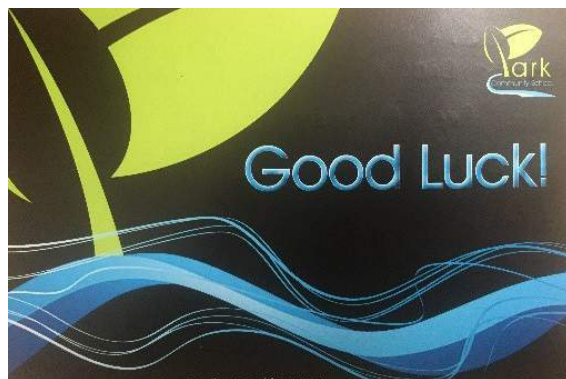
Park Bites...

A massive **WELL DONE** to Year 9 students Lily Moore, Harli Dignam, Lilli Bundy, Carly Dixon, Keira Griggs, Sharice Molloy and Ekbal Altahaineh, who were exceptional as Sports Ambassadors at Warren Park delivering the Young Leader Award. They are a credit to the school. - Mrs Norman

Park students Josiah Barron, Joshua Loman, Joshua Holdford, Oliver Edwards, Bailey Young, Alfie Maidens, Kamrun Rahman and Jacob Bream did us proud at Havant Rugby Club just before the Easter holidays. They refereed back to back 14 teams, including Portsmouth High School, Portsmouth Grammar School and Ditcham Park as well as all the local teams. After a very brief pep talk they were **absolutely amazing**! Clear in explanations, clear whistle, encouraging, humorous, positive and really good refereeing!

Mrs Norman

GCSE Exam Season



Our Year 11 students have begun the exam season brilliantly. After many months of hard work and revision, they are now ready to show what they know. Many have been taking up the offer of a free breakfast on the morning of exams to ensure they are well nourished and to avoid the distraction of hunger. Attendance and promptness to exams has also been fantastic! The challenge now is to sustain this through the rest of the exam season, so a reminder of some simple tips is below.

In addition, Good Luck postcards sent in for all Year 11 students from parents and teachers were a fantastic boost on the day of the first English Literature exam. Messages of best wishes were given to all students on this day, with many parents using the postcard to remind the students how proud they are of their efforts!

Tips for Revision

1. Make notes: when you read something and turn it into your own words, your brain begins to process it and you are more likely to remember the information. Create revision cards with a few notes for each topic that you revisit again and again.
2. Use post its and stick key words or facts around your room, so you are seeing them frequently
3. Chunk your learning: You will be much more successful if you try to remember and rehearse one or two facts before gradually adding another and so on.
4. Past papers: exam boards tend to use the same question types over and over again. Using past papers to practice questions will mean you will be rehearsing your timing and responses for the real exam.
5. Create mind maps: using key ideas and then exploring them, linking them by colour or pictures is a great way of visually recording information to help you revise.

Mrs Capaldi



Young Person of the Year goes to...



Park teacher, Mrs Wilson had the absolute pleasure of attending the Havant Borough Council's "Celebration of Volunteering" 2017 and seeing Jasmine Bone, Year 9 being awarded with 1st place in the category of Young Person of the Year.

Well done Jasmine, very well deserved, a great success!



Park Post

Speed Spelling Programme

We recently celebrated the success of the speed spelling training that 32 students in years 7 to 9 had undertaken. These students learned how to use their visual memory to learn spellings and were able to show this off to their parents, school staff and governors.

Some of these students have now signed up to become spelling ambassadors who will visit the local primary schools teaching this technique to others.

Mrs Hamson



TryTri Winchester



On May Day Bank Holiday I took part in a Trytri. This is an event which gives people a chance to try a triathlon to see if it is a sport that they would like to take up. It is one of the Trytri events that Winchester put on throughout the year.

Under 16's have to complete a 400m swim followed by a 1km bike ride and then a 1km run around the grounds of King's school. I came second in my age group and I was first girl.

I really enjoyed it and aim to do it again next year.

Jorja Greenslade, Year 8

Park Bites...

Park Community School's Tanzania team would like to say a massive **thank you** to everybody that helped or attended their Easter Egg hunt at Staunton Country Park. The team managed to raise a huge amount towards their fundraising total and couldn't have done it without the support of the school and the local community.

Mr Crowley

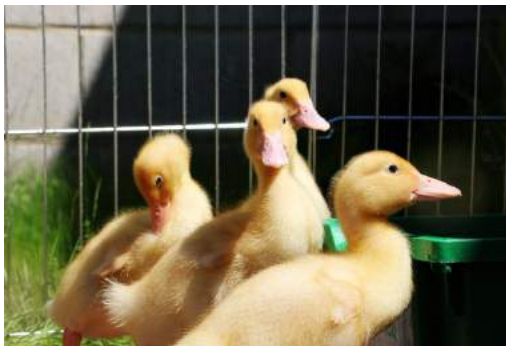
Well done to Josiah Barron, who following the recent Rugby Tag Festival, was recognised by Nigel Phillips of Sportivate Rugby Ltd as having a bright future under the new Young Ref's Programme.

Food Ambassador fun at the farm

Park Food Ambassadors enjoyed a visit to the school's Farm, tending to the animals making sure they're well fed to include our newest addition the bees! Students also gave the Market Garden a good water! Food grown here is used in the school kitchen along with the pork from the pigs.



Welcome to the newest additions to the Park animal family



Park Post

Oarsome Chance Rowing



Park students finally had a chance to get out on the water to row after five months training!

Once at Northney Marina we were lucky enough to meet up with a team call WIGHTLIGHTNING. These are a team of four guys who will be racing across the Atlantic. They will set off in December leaving from the Canaries and hope to land in Antigua after less than two months at sea.

The first time this was done was in 1966 by a rower called Sir Chay Blyth, it took him over 92 days and faced waves of over 50 foot, and was he nearly starved. This is such a physical challenge that more people have been into space or climbed Mt Everest.

The boat is 8 metres long and weighs 350kg, however once loaded with equipment and supplies the weight is over 1000kg. The boat has two

sleeping and storage compartments. The crew will take it in turn to sleep and row in pairs, they will have two hours off, which is their time to sleep, eat and make repairs.



After meeting the team from WIGHTLIGHTNING we took on our own challenge by getting into the skiffs and having a row around Northney Marina without hitting any of the boats that are moored up. This went without any incident and looks promising. Over the next few weeks the students will be spending more time on the water and getting further around the Langstone Harbour. The main aim will be to get into a condition for when we can get onto the open waters and take on the challenge of rowing around Hayling Island

Mr Pritchard



Park Festival of Sports....

Week of the 26th June is Park's 'Festival of Sport'. Throughout the week students and staff will have the opportunity to experience new and exciting sports including; American football, softball, basketball and just dance to gain points for their family teams.

A highlight of the festival will be sports day on the afternoon of 28th of June when students will take part in both field and track events as well as a range of events with staff with bands playing and food/drinks for sale.

Are you a graduate?
Interested in teaching?



Science Subject Expert delivering training to current trainee Science teachers

Teachers change lives every day.

If you want to make a difference and enjoy a *rewarding, challenging* career with *flexibility, variety* and *job security*, find out more about primary and secondary training with The Solent SCITT and The Solent Teaching School Alliance.

If you would like more information about teaching and how to apply through UCAS, contact Phil Seery at
info@thesolentscitt.co.uk

Tel: 02392 489 819
www.thesolentscitt.co.uk



The Solent
ScITT
School Centred Initial Teacher Training



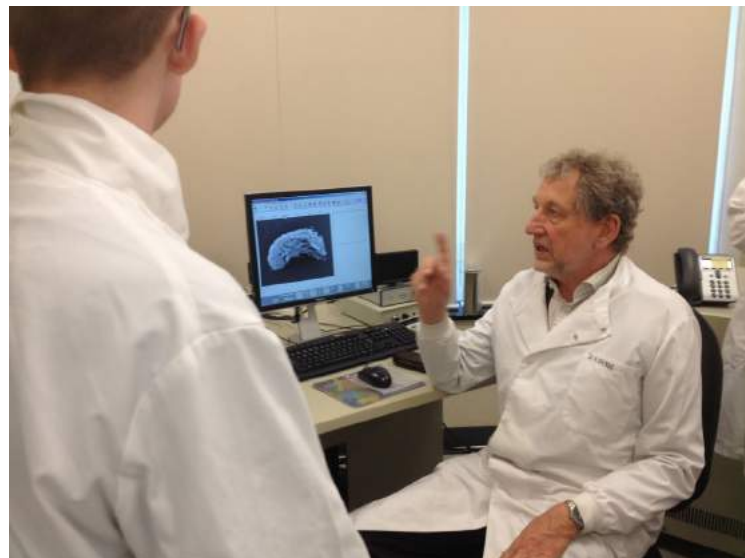
Park Post

Electron Microscope at Portsmouth University

Ten Year 9 students were given the amazing opportunity of visiting Portsmouth University to see their electron microscope. They have been learning about cells in class and had asked if there was any way they could visit a real electron microscope.

On arrival our group were asked to don white lab coats so we all felt like real scientists! We were given a talk by Professor Cragg, about the lab and some of the research they have been doing and then the students were able to view a spider under a light microscope although some were too afraid to look!

We then went into the small room which houses the electron microscope. The students were taught how to change the magnification and



then even had a chance to drive the microscope themselves - all £70,000 worth! They were able to take photos of a very small creature similar to a termite which was only 1mm long. They were fascinated by how such a small creature could look so different under the microscope and surprised by the fact that they could even see other even smaller creatures that were living on it!

We then had a tour of some of the labs and were amazed about the amount of equipment they had in each one. Many of the students have aspirations to study Science at university so it was an amazing trip and opportunities to see what life after school could be like!

Jamie Allen, Year 9 said "It was amazing to see how small the creature was when it came out of the microscope".

Owen Wheatley, Year 9 said "I really understand how to convert units now as I could see the difference on the screen".

Park in the Community

Dynamics Dance Show

On Saturday 13th May Dynamics Dance School (based in Drayton) put on their annual dance show in the theatre at Park Community School.

A total of 90 dancers took part, with ages ranging from 3 - 79! For some this was their first time on stage and for others it will be their last as they hang up their dancing shoes. There were 24 dance routines (tap and modern) and all were choreographed by Lisa Marsh. Each dancer performed in at least four dances.

A fantastic time was had by both dancers and the audience and Dynamics Dance School plan on returning to Park next year with a new show.



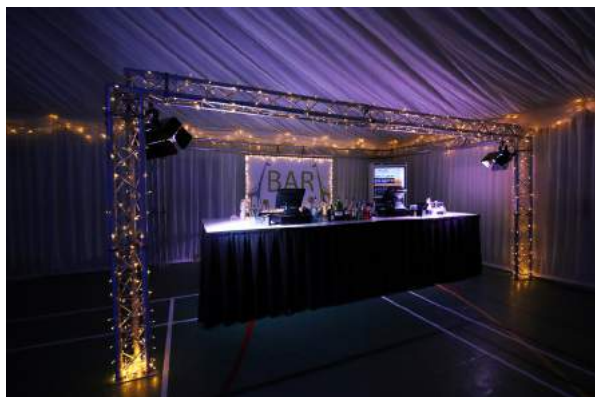
Ex-Students celebrate their wedding at Park!



With over 200 guests to cater for, Charnade Ebbage and Dave Cottingham were in need of a large venue to hold their wedding reception.

As ex-students of Park Community School they were delighted when they discovered that they could hold their reception at the school in its lavishly decorated sports hall

Newlywed Charnade said "we were both so happy with everything that Park Community School has done. It was a pleasure to have it at the school where I went, it really did look amazing. I felt as though I was in a fairy tale and would definitely recommend it for a wedding venue. We had so many lovely comments about how beautiful it looked! Thank you all so much, we really can't thank you enough".



Park Post

Full marks for Radio Crew as Community Station creates links with local school.

A rock based local radio station has joined forces with a popular school in Havant. 'The Flash' radio station has signed an agreement with Park Community School which will give the not for profit broadcasters a new home and create exciting opportunities for the school and its students.

The station's programmes have been broadcast from a portacabin located at a public house in Havant. Station founder & Managing Director, Martin Kirby, said "We had great times at The Curlew but had outgrown our surroundings. The pub's future was also in doubt and while searching for

a new home one of our volunteer presenters put me in touch with the school. On my first visit I was instantly inspired by the school's approach and the modern facilities it offers its students and community, so it soon became obvious that we could be of benefit to each other".

The Flash will be broadcasting from The Apex Centre in Havant, which is leased by Park Community School to provide practical skills based learning for students from Park and other schools.

The radio station will be offering students the chance to learn media skills and assist in producing features for broadcast. A monthly programme to promote the talents of students and community events at the school is also planned.

Christopher Anders, Headteacher said "This opens up vast

opportunities for our students in gaining 'real life' broadcasting experience by producing programmes and features for broadcast on the station".

The Flash is available on DAB radio's to the Portsmouth area and via its website www.theflashonair.co.uk.





Picnic in the Park

**Organised by and for the
local community**

**Free Entertainment and
Activities for all ages**

**Saturday 10 June 2017
11am-2.30pm**

**Park Community School
Middle Park Way, PO9 4BU**

Bring Your Own Picnic

Recipe by Steven Cross, Head Chef

Bring on the sun with Minted Lamb Kebabs!

Finally summer is starting to arrive, bringing with it the beautiful warm sun, and the occasional downpour! This is a very exciting time as our school market garden is now fully planted and we are beginning to see some great results.

The school bees are now out collecting pollen and producing their beautiful honey and our school pigs are growing very fast and enjoying the warmer weather.

This time of year is a very fruitful time with a great bounty of produce at a chef's disposal. At home why not try growing your own and grab some tomatoes or strawberry plants and enjoy the fare?



Ingredients

Lamb Kebab

- 250g Minced Lamb
- 1 Red Onion (Diced)
- 2 Cloves of Garlic (Pureed)
- Half tsp Cumin Seeds
- 10 Mint leaves
- 1 tsp Wholegrain Mustard
- Salt and Pepper

Method

1. Firstly, place the minced lamb into a large mixing bowl and season well with salt and pepper.
2. Now add the diced onion, garlic puree, cumin seeds, mustard and shredded mint leaves and really get in there with both hands pushing all the ingredients together.
3. You can mould these beautiful lamb kebabs many ways so make your own choice and either ball the mixture, mould them around a presoaked skewer or even long rosemary sticks if you're feeling adventurous.
4. Allow the kebabs to rest in the fridge a few hours before cooking, in this time make your cucumber salad.

Cucumber Salad

- 1 Cucumber
- 2 Cloves of Garlic
- 10 Mint leaves
- 1 Red Onion
- 3 tbs Natural yoghurt
- 2 tsp Olive oil

Serve in a warm pitta bread, toasted flat bread or chargrilled tortilla wrap.

5. Now for the tasty salad peel your cucumber into long ribbons - with a sharp peeler.
6. Slice your red onion, shred your mint leaves and puree or chop the garlic.
7. Add all the cut ingredients into a bowl and mix together adding the yoghurt to bind.
8. Now allow to cool in the fridge.
9. Cook the kebabs in a large heavy frying pan until golden brown and toast a pitta bread on the open flames of the stove or a grill.
10. Now serve the tasty lamb kebab in the pitta, top with our cucumber salad and drizzle with olive oil!

For me this is a great taste of early summer and a really easy, healthy lunch or dinner. Why not try cooking all this on the BBQ for an awesome chargrilled and smoky hit?

What's coming up...

- Picnic in the Park
- Apple Pi Filming Trip
- PCS Sports Day
- KAPOW Wrestling Event - 2nd June
- Hampshire Games Volleyball Competition

- Work Experience Fortnight - 26 June - 7 July
- Year 11 Leavers Assembly & Prom - 22 June
- Warren Park Show
- Tanzania trip
- Summer School

Park Community School - much more than just a school

Middle Park Way, Havant, PO9 4BU | 023 92 489800 | www.pcs.hants.sch.uk