



MUNCH

is back for the Summer holidays!



We cannot wait to welcome you back!

What is Munch if you have never been?

Munch began February 2017 when we provided free hot meals for children in the half term holidays. We then expanded it to their families and then elderly. There are many reasons why people come; for example to meet up with other families, help with the budget in the holidays, loneliness, just want a lovely fresh cooked meal or maybe to give some structure to the day.

We take basic details to register you so we can tell you when we are organising other activities and to assure those who fund this programme that it is popular and helping the community.

It is free, if you feel you wish to contribute in anyway there is always a charity bucket or you can leave tins for PO9 Foodbank.



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