



# Park Community School

## NEWSLETTER

**Fortnightly Update**  
17 May 2024

### Dear Parents, Carers and Students,

We hope you are enjoying the fact that summer finally seems to have arrived!

As we approach the final week of this half term, preparations for the remaining part of the school year are being finalised. This will include a Year 7 and 8 trip to the Science Museum in London, a trip to Stonehenge for Year 9 and work experience for Year 10. Details of the trips will be sent out next week.

Well done to our Year 11s who are now fully immersed in the exam season. We have been impressed with their focus and attitude, with most remembering to keep working until the end and answer every question. Despite the inevitable nerves for many, it is wonderful to see them at the final point of their school careers applying all they have learnt.

A reminder that school ends for half term on Friday 24 May and students return on Monday 3 June. Through the half term, school remains open (with the exception of the bank holiday) with daily MUNCH meals, revision and study hall all available.



**Mr Anders**



**Mrs Capaldi**

### Our Greenpower team at Goodwood

Last month, our Greenpower team competed at Goodwood Race Circuit. Our three cars: Keep Up, TS2 and Chase, all competed well thanks to the excellent teamwork, organisation and strategy of the team. All three cars got through scrutineering without an issue and went on to practise. This went well and the team were ready for some competition between themselves and the 58 other teams on the grid.

Race one was eventful. A red flag. Ambulance (everyone OK). Almost half the field had crashes or technical issues and didn't finish the race. We however managed to avoid all the issues and went flying through the field to finish in top positions. However, the stoppages meant a short final distance was recorded so entry into the national final qualification is not yet guaranteed.

Race two! We decided to gear back TS2 as it faded fast in race one. The team can now change ratios with no help through lots of practice and perseverance, so it was worth the risk. We reduced the ratio by 8% but sadly we have since discovered that we have some batteries that are past their best and need replacement. A small steering and power delivery change on Chase meant we were hopeful to move it up to the top 10. Another red flag sadly did not fall in our favour and we lost some time and distance but ploughed on and had another great result considering all we were up against.

### Our overall positions were:

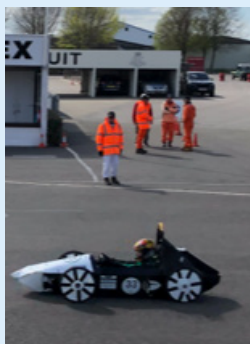
**Keep Up 5th**

**Chase 6th**

**TS2 7th**

Considering this was achieved in a top field of 58 cars, we did very well. A brilliant day overall with three top 10 finishes. We have some work to do to get qualification but hopefully we can get some new batteries to support our quest for qualification this season. A superb effort all round. Congratulations to the team.

**Mr Payne**







# Park Community School

## Park Spend The Week At A Working Farm

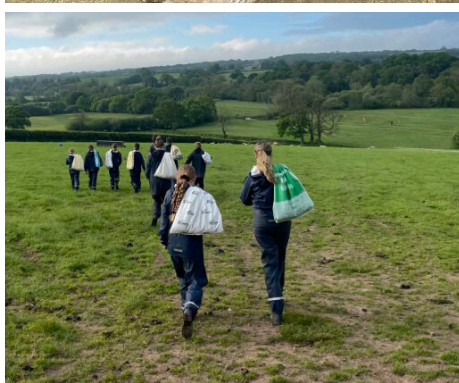
This week, 39 students along with Mr Shearn, Miss Nuttall, Mr Smart and Mrs Rundle, have spent the week at Nethercott working farm. They have worked and had fun together. Some of their daily activities are summarised in extracts from Mr Shearn's diary. I'm sure you will agree they have had an amazing week.



### Extract from Day 2

Every meal is two courses and everyone is eating well, although the curry this evening didn't go down too well. Perhaps it was because we'd just met the lambs in the afternoon! We have a job before breakfast (but have a biscuit to keep us going), such as feeding the pigs. Then a massive breakfast, including bacon and eggy bread today, and one of the groups tidies everything away. We then went out for our morning activity, my group had a tour of the Victorian walled garden and then dug up 12 kilos of new potatoes in the polytunnel for our lunch tomorrow.

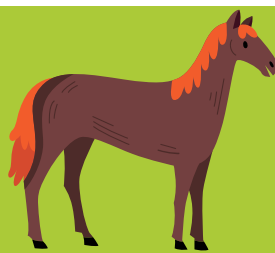
Meanwhile another group had been making our lunch - pizzas, which were as good as Dominoes. After lunch was a double session, our group mucked out the horses and donkeys then mulched some newly planted trees with woodchip. We came back for more food and then back out again to put the hens away and feed the pigs again. There's been plenty of free time as well as all the farm jobs and there's plenty of room to play manhunt, a five a side football pitch, table football, table tennis, lots of books and board games to play. Surprisingly only one student has moaned about not having her phone! After five hours sleep last night I'm hoping the fresh air and exercise will have tired everyone out. It's twenty past 11 and I can't hear anybody...







# Park Community School



## Extract from Day 3

Yesterday one of our students got a bit over-confident and tried to jump the ha-ha! This is a deep ditch that runs in front of posh houses that don't want their croquet lawns ruined by sheep but like to have sheep as part of their beautiful views and not fences. It's called a ha-ha because it's funny watching people fall into ditches while playing croquet after drinking champagne. Miss Nuttall accompanied the student to the hospital, luckily it was only a sprained ankle.

Meanwhile the rest of her group really enjoyed grooming the horses, Seb and Eric, and the donkeys, Applejack and Derek. They also really enjoyed a very bumpy trip on a trailer pulled by a beautiful red tractor to a neighbouring farm to help move some sheep and feed some cows who had recently calved. On the way back we made the famous author Michael Morpurgo (War Horse) reverse 200 yards down a narrow country lane. He didn't mind as he was the one who bought the farm where we are staying to give an opportunity for city children to find out about farming.

They also did a familiar activity from our carousel trips up to the school farm - mulching using woodchip. This was used to keep the weeds down around the beehives. Beekeeping would have been a session but unfortunately our children are too big for the suits.

Lunch was Quorn fajitas and there was a magnificent roast pork dinner (thanks to the farm's own rare breed Large Black pigs and the first of this year's potatoes dug up by us yesterday). After dinner we had a staff v student football match, staff winning 10-1 thanks to seven goals from Mr Smart.

## Mr Shearn







# Park Community School

## Havant Mayor Making

Mr Anders and I were fortunate to be invited to Havant's Mayor Making this week. Councillor Peter Wade will serve as the 50th Mayor of Havant. We were delighted that two of our own students, Kamron Cooper and Jack Godman, were both appointed as Mayor's cadets for the year. Well done Jack and Kamron! Our very own Park Catering provided refreshments after the event too.

**Mrs Capaldi**



## GCSEs are in Full Swing

Well done to our Year 11s (and Year 10s who are sitting their Literature GCSE)! They have made a strong start to the exams, including attending the early morning breakfast and tuition with staff, after school boosters and Study Hall. Forty Year 10s also came in last Sunday for their English Literature walk through. Thank you to Miss Manning for running this.

Thank you to parents and carers for returning the good luck postcards in time for the first maths exam. Every student received a good luck card from family or teachers and appreciated this final boost of positive wishes.

Over half term, there are study clubs running throughout the week and school is open every day, except the bank holiday, for those wishing to come in for their revision.

**Mrs Capaldi**



## Performing Arts Ambassadors

The performing arts ambassadors welcomed three primary schools to take part in a range of workshops. Last week, we welcomed two Year 4 classes from Trosnant, who took part in a literacy through dance session exploring George's Marvellous Medicine. We also welcomed students from Riders to take part in a 'Where in the world session.' Students have been exploring a new place in the world and learning a new style of dance each week. This week students explored Samba/ carnival dancing.

Both staff and students loved seeing students work together to create work and can't wait to come again next week.

**Mrs Marr**







# Park Community School

## Financial Education Corner

### *What we have been doing in school...*

We have now delivered what will hopefully be the first of many parent-student sessions on financial education.

Together parents and students discussed and built on their knowledge of key areas of finance such as:

- Banking terminology
- Making informed spending choices
- Saving for the future

The session involved decisions around appropriate spending choices such as reviewing regular spending trips to the cinema and how a monthly ticket could be more appropriate. The value of Individual Savings Accounts (ISAs) and by putting the price of a coffee everyday into an ISA instead, could be worth over £60,000 in ten years.

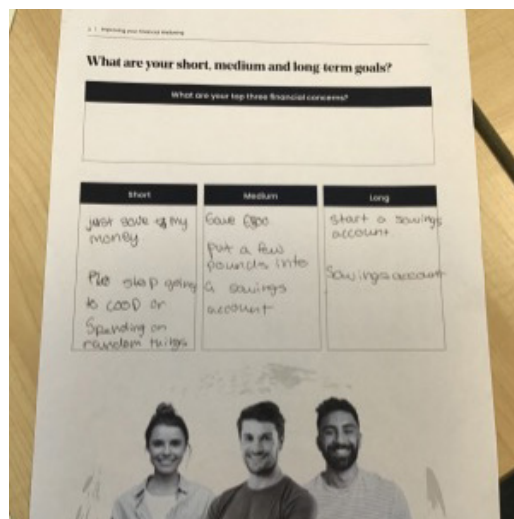
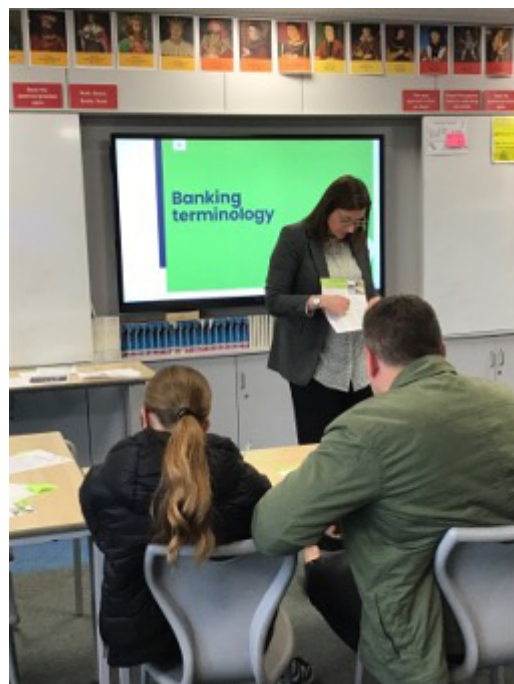
It was a wonderful atmosphere in the room and great to see parents and students learning together on important elements of life that affect us all.

We continue this half term with Year 7 spending their SMSC sessions each Thursday learning more about shopping around, budgeting, ways of paying and the future of payments along with other aspects of our financial education curriculum.

Upcoming events include an expert led session in June for our Year 11 Apex students regarding pensions, tax liability and other financial obligations for those who potentially intend to be self-employed.

We also hope to provide another parent-student session in late June/early July, so do watch out for sign up opportunities.

**Mr Murphy**



## 'Sanctuary' Performance and Installation at Park

In our last newsletter, we shared the Sanctuary exhibition which was installed in our restaurant in the lead up to the performance for Year 9 and 10 students.

Anyone can find themselves in need of sanctuary at some time, whether it's a Greek family fleeing a forest fire, a Brazilian fleeing drug wars, Ukrainians fleeing invasion or an abused teenager fleeing their home. At a time when refugees, asylum seekers and migrants are becoming increasingly de-humanised and demonised we hope to bring humanity and understanding to their need for a safe harbour – a sanctuary.

Every Year 9 and 10 student attended the performance of People and Stories in our theatre. We were moved by honest reflections from young refugees about their personal experiences, challenges faced and resilience in moving forward.

**Mrs Capaldi**







# Park Community School



## Community Bowls

As the weather has started to improve we have started our Summer program at Bedhampton Bowls Club. Ryan, Frazer and John have enjoyed competing with one another playing some singles matches under the guidance of the members. We have also been joined by our colleague Mr Ironmonger who has recently joined as a member!

**Mr Herriot**



## Up and coming events

**17th May**

Year 9 & 10 Mountbatten Hampshire Schools Athletics Competition with 20 students (RHE and KPO)

**Monday 20th May**

KS1 All Star Cricket with Sports Ambassadors

**Friday 24th May**

Year 5 & 6 swimming gala at Barncroft with Sports Ambassadors

**Friday 7th June**

Year 5 & 6 OAA day at Stauton Country Park with the Sports Ambassadors

## Sports Ambassadors

We welcomed Sharps Copse and Trosnant to Park for a variety of invasion games for our fifth event of the year. The focus was on high activity levels and teamwork. The ambassadors were fantastic once again running the whole event.

We took a team of eight sports ambassadors to start our curriculum support with Trosnant - our sixth school of the year. The team ran some multi skills circuits and the young people had a great time. Well done, Oli, Jayden, Ruby, McKenzie, Darcie, Freddie and Fletcher!

**Mr Herriot**







# Park Community School

## Mental Health Support

### Positive mental health and well-being at Park

Having positive mental health and well-being is so important for our young people so they can thrive and be the best they can be. As a school, we recognise that at times some young people may struggle with their feelings. We want them to know they are not alone and that we are here to support them.

This is the first of our regular features to help you learn more about mental health, wellbeing and how students can get support in school and in the community.

### Unloc NHS Roadshow

On 23 April 2024, the NHS roadshow came to Park Community School. Visitors included representatives from Unloc, School Nurses, Southern Health Immunisation Team, Young Carers Team and the Psychosis Team. The aim of the day was to work with students across the year groups to gather their views on how the NHS can reach young people and share information about important health issues, such as the importance of getting immunisations to more education about vaping.

The day was enjoyed by all and Unloc said "We had an absolutely wonderful day and the students we worked with were outstanding. They are some of the most polite, inspiring, respectful and genuine young people I have ever worked with and a credit to your school!"

Need support?

Feeling low?



Mental Health Ambassadors



### Young People's Safe Haven

For 11-17 year olds living within Havant, East and South East Hants. Open 5pm to 8pm, Tuesday, Wednesday and 5pm to 7pm Thursday at The Pallant, Havant, PO9 1BE. Just drop in, no appointment needed.

We offer:

- Immediate access to one-to-one targeted support session with a wellbeing practitioner
- Group sessions discussing important wellbeing topics
- Wellbeing activities, arts & crafts and mindfulness
- Meeting other young people and peer support
- A calm and positive safe space
- Alternatively, telephone one-to-one support can be arranged

Email: [cypsafehaven@easthantsmind.org](mailto:cypsafehaven@easthantsmind.org)  
Freephone: 0300 303 1580

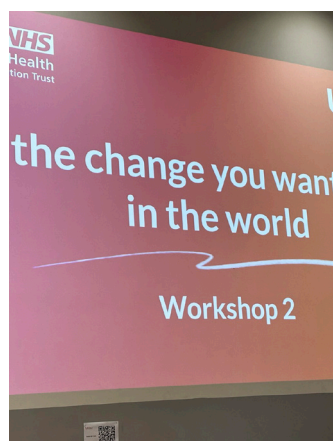
[www.easthantsmind.org](http://www.easthantsmind.org)  
Registered charity no. 1116301



### Is social media affecting young people's mental health?

Free online presentation and discussion: Tuesday 11th June 2024, 7:00-8:00pm (GMT)

Join the University of Manchester's #So.Me research team to discuss the latest research on social media and mental health, bust some myths, share some tips on supporting young people, and learn about how to be part of the project. This is an online presentation (Zoom) aimed at parents, teachers and those working directly with young people. You can register for the event here <https://shorturl.at/luFTt>







# Park Community School



## Special Educational Needs and Disabilities at Park

Welcome to the eighth edition of Park's SEN newsletter!

### MEET THE TEAM

#### Mr Peplow

My name is Mr Peplow, ex student and now teaching assistant at Park Community School. I enjoy leading social skills interventions with the students of Park allowing them to build positive friendships in a safe and encouraging space. I also enjoy supporting children in lesson and helping them access the learning and seeing them become more confident and independent with their own abilities. Three times a week I help take groups of Year 7 and 8 children swimming ranging from all abilities and needs. I am enjoying seeing them perfect their new skills and keeping active.



### SEND Homework Clubs

**When:** Monday, Wednesday and Thursday  
2.45pm - 3.15pm

**What and Where:**

- **KS3 Homework Club** (Year 7, 8 & 9) at the KS3 Hub (the room off the library).
- **Handwriting Club** (any year groups welcome) at the KS3 Hub (the room off the library).
- **KS4 Homework Club** (Year 10 & 11) in the library, until further notice.



## PARENT COACHING

Join us for coaching sessions  
focused on ADHD and ASC

**ASC Sessions**  
Wednesday 12th June  
1pm - 2pm

**ADHD Sessions**  
Wednesday 15th May  
1pm - 2pm

#### INclude Team

Penny Broadhurst  
Laura Chiverton-Clarke  
Jess Birch

Please contact [e.leach@pcs.hants.sch.uk](mailto:e.leach@pcs.hants.sch.uk) to book in



Dickinson Centre  
Park Community School  
Middle Park Way  
PO9 4BU

This is an exciting opportunity for readers to find out what is happening in school to support our students with special educational needs; opportunities to be signposted and find out what is available in the local community and to be updated on any relevant information around SEND.

### Contacting the school

If you wish to speak to the  
SEND team about your child  
please contact:



**Mrs Leach**

Assistant Headteacher-SENDCo  
[e.leach@pcs.hants.sch.uk](mailto:e.leach@pcs.hants.sch.uk)



**Mrs Shuttle**

Assistant SENDCo  
[j.shuttle@pcs.hants.sch.uk](mailto:j.shuttle@pcs.hants.sch.uk)





# Park Community School



## INSTRUMENT HIRE OPEN TO ALL PUPILS UNDER 18



**HAMPSHIRE MUSIC EDUCATION HUB**

Hampshire Music Service is now offering it's instrument hire scheme to all pupils attending Hampshire schools, rather than just to those who are receiving lessons with HMS teachers, or who play in one of our ensembles. The hire scheme is an excellent opportunity for pupils to try an instrument for the first time, without the commitment of purchasing an instrument before starting lessons.


Please do circulate the HMS webpage link to your parents and pupils who are interested in receiving music lessons and potentially require an instrument:  
<https://hantsmusichub.org.uk/instrument-hire/>  
Full details about the instruments available to hire, plus the hire request form are via the webpage.  
Click here to be taken to our website.



## PARK COMMUNITY VENTURES

RCN 1134562, Havant  

Nourishing Minds, Building Futures;  
Creating a stronger community through education and nutrition



### Donate to this charity

£20

£40

£60

£100

£ 40

Please donate if you can  
<https://shorturl.at/dzR57>





# Park Community School



## PARK DESIGN & PRINT

*Full graphic design  
service available*

We produce a full range of educational, personalised and promotional small and large format items including:

**POSTERS FLYERS BUSINESS CARDS  
BANNERS BOOKLETS STICKERS VINYL  
MENUS PLANNERS POSTCARDS  
WEDDING STATIONERY LEAFLETS  
EXERCISE BOOKS FOAMEX & MORE!**



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