







22 March 2024

Dear Parent/Carer

## Year 11 Relationship & Sex Education lesson

I am writing to inform you of RSE sessions which will be delivered on Thursday 28 March as part of your child's Challenge Day programme.

The session will provide students with information regarding body autonomy, safety and also where to get help/support if it is needed. Young people need to be able to make informed decisions and act responsibly, without being led or coerced into doing something they really do not want to do. These lessons will help students make up their own minds and not feel they need to 'go along with the crowd'. The sessions will also provide opportunities for further discussion at home about what the children are learning and appropriate relationships. The sessions will be delivered by Shannon Reddin, an RSE specialist who has worked with the school for several years, and will be followed up with tutors.

I expect that the experience will enhance not only the students' knowledge, but also their ability to make the informed decisions later on in life and, more importantly, to make choices that are right for them and have the confidence to stick by them.

You do have the right to withdraw your child from these sessions, please contact me in writing should you wish to do so. Your child will then be required to work independently in the school either in another classroom or the school library, while these lessons are taking place.

Yours faithfully

Mrs S Loake SMSC Coordinator















