

	Half term 1	20/10	Half term 2	Half term 3		Half term 4		Half term 5	Half term 6		
	Body and mind	Challenge Day	Relationships	Being a global citizen	Challenge Day	Body and mind	Challenge Day	Relationships	Being a global citizen	Challenge Day	Challenge Day
Year 7	Managing puberty and change	All about me Puberty Body changes Fake news	Different types of relationship	Surviving the online world and British values	Britishness	My body my choice, consent, harassment and positivity	Choices challenge day and Race at Your Place	Sexuality and gender, equality, terminology, acceptance	Careers	Budgeting and money	Choices challenge day
Year 8	Mental health awareness	EBP	Respectful relationships especially romantic	Respect for cultural diversity, racist language and privilege	Personal branding	Sexuality and diversity, LGBTQ, laws and equality		Family relationships, domestic abuse, grief	Careers - employability	Risky behaviour	
Year 9	Peer pressure – alcohol and drugs	Employability	The negative side of relationships	Careers, digital footprints and image sharing	Prison Me? No Way	Assessing risk, drugs addiction and consequences		Conflict and resolution within relationships	Discrimination and career options	Careers networking	
Year 10	General health including mental health and health stigmas	Informed choices	Personal values within relationship	The world of work and harmful online content	EBP interview skills	Positivity and role models		Mock interviews	Toxic relationships coercion, infertility and lifestyle	Careers the world of work	
Year 11	Self esteem and stress	Intervention	Exploring post 16 & 18 options	Respect for your body, pregnancy and menopause		Strategies for coping with pressure and self care		Relationships beyond school, friendships and professional			